

# Teany Book: Stories, Food, Romance, Cartoons and, of Course, Tea

Moby, Kelly Tisdale

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Teany Book: Stories, Food, Romance, Cartoons and, of Course, Tea Moby, Kelly Tisdale

From the ninety-three teas on offer to the tempeh turkey club, Teany's mix of delicious vegetarian and vegan cuisine with a mellow atmosphere has made it a hit with the Lower East Side denizens who make it a habit to attend Teany's casual afternoon tea (cucumber sandwiches anyone?). Since opening in 2002, internationally acclaimed musician Moby and his partner Kelly Tisdale have made Teany a home base for all things Moby—a hipster hangout, chic contemporary tea shop, and host to political and charity events.

With **Teany Book**, Moby and Kelly distill Teany into an idiosyncratic yet functional gift book that will teach the art of making Teany's special lavender iced tea and creating nosh-worthy vegan lunches that even carnivores will enjoy, while also functioning as a popular history of the Lower East Side. In addition to instructions on how to become a true tea connoisseur and vegan chef du jour, **Teany Book** includes witty vignettes on Teany's history, anecdotes from Moby and Kelly, and tea-based health and beauty tips, such as how to cure a hangover with green tea. At once a unique glance at the culture of downtown New York and a quirky cookbook highlighting a nutritious and beneficial diet, **Teany Book** is a perfect purchase for tea fans, foodies, and hipsters alike.



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