



Bipolar Disorder: Masters of Disguise

Penni Less

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There are many people who are diagnosed with bipolar disease. Personally I believe we are all bipolar in a sense. It just depends how far the pendulum swings! We all have good days, bad days and horrible days. It's how we handle these moods and deal with them that becomes the decisive factor! Most people who are diagnosed 'bipolar' are intelligent and deceitful. They become the Masters of Disguise! They can hide their illness until the pendulum loses balance. Signs are subtle and have to be paid attention to before the balance is lost. This is my own personal journal of dealing with bipolar disorder and the resulting suicide of my child. I hope this book helps you become aware of the symptoms of bipolar to avoid such results.

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