



You're Still Sick?

Julie Jacobsen Deck

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Popular culture would have us believe that there are only two options when one gets really sick-- miraculously recover or die. Unfortunately, there is a third option. One remains sick. No tragic death, no inspiring recovery, just chronic illness.

Adrea Ragnason is a frustrated young woman who has been going to doctors for several years. Yes, she's still sick. No, she doesn't look sick. Doubting her doctors' diagnoses, she researches her symptoms while coping with her chronic illness, trying to find a doctor who will look at the whole picture. Disappointed by her lack of success, she uses positive thinking as an outlook for her frustrations, harboring the hope that it will provide her with answers.

Helene Gundersen is a psychologist with a new practice. The daughter of a doctor, she is not surprised that many of her clients are doctors, yet is surprised they share similar symptoms. Her comments and suggestions nudge them toward research. Meanwhile, she attempts to remain detached as she helps a chronically ill client. But Helene is hopeful when learning about POTS, a condition caused by a malfunctioning autonomic nervous system and one of many conditions listed under the broad term of Dysautonomia.

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