



Food and Recipes of the Westward Expansion (Cooking Throughout American History)

George Erdosh, G Erdosh

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
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Chock full of recipes with step-by-step directions for kids to follow, this series is a unique way for kids to eat their way through American history. Many modern historians think the history of mankind is not to be found solely in the decisions of rulers and battles won or lost, but in the lives of everyday people. Looking closely at the environment, economics, eating habits, and favorite foods of our American forebears teaches us volumes about their world and ours.

The "gravy train" takes on new meaning as kids learn how the pioneers survived the long journey. Video games and television take a back seat as kids learn how to make a prospector's dinner of skillet bread and pork and beans.

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