



Living Successfully with Screwed-Up People

Elizabeth Brown

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Unfortunately, the world is full of screwed-up people. But the good news, says Elizabeth Brown, is that your world no longer has to revolve around them. With brilliant insights and a keen sense of humor, this trusted author and sought-after speaker shows readers how to: stop the power of whatever is eating them alive productively respond when confronted remain poised and in control when everyone around them loses it win fairly in unfair battles let go of what has been, or what they wish would be, and live triumphantly now Dozens of real-life success stories, brief diagnostic tests, and practical tools are included to help readers assess their own situations and gain confidence to change self-defeating behaviors. This popular word-of-mouth bestseller now has an updated look.

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