



Kitchen Afloat: Galley Management and Meal Preparation

Joy Smith

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The long-awaited 2nd Edition of my popular book is here! Chock full of valuable information on all galley and foodrelated issues for the modern sailor and powerboater, this keep aboard book willcoast you through the intricacies of your galley. Learn to tailor your suppliesand provisions to your cooking and cruising style, and to plan and executemenus for a variety of cruising situations at dock and underway.

KITCHEN AFLOAT covers these topics, among many others:

- Galley safety andset up
- Refrigeration
- Stoves
- Water systems
- Storage issues
- Food safety andstorage
- Provisioning
- Menu Planning

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