



# **Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Polka Dots)**

*Courtney Wegner*

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# Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Polka Dots)

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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The book untitled Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Polka Dots) contain a lot of information on this. The writer explains her idea with easy way. The language is very clear and understandable all the people, so do not really worry, you can easy to read the idea. The book was published by famous author. The author will bring you in the new period of time of literary works. You can easily read this book because you can continue reading your smart phone, or program, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site along with order it. Have a nice read.

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