



Introduction to Clinical Psychology: Scientific Foundations to Clinical Practice

Michael Wierzbicki

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Clinical psychology is a complex field that is often studied in a piecemeal way. Most books on the subject simply enumerate the many roles of the clinical psychologist, such as the most commonly used approaches to assessment and treatment. This book, however, provides a central, coherent theme -- the philosophy of science-- around which to study the subject matter. This book serves as an excellent reference to introductory clinical psychology. It is "accessible" to the reader with little background in clinical psychology, and it integrates the material around a central theme, the philosophy of science. Within this theme, the author integrates theoretical and applied materials, chronicles the historical development of the field, and presents empirical evidence. The book also address practical matters like therapy techniques and the training and employment of clinical psychologists. Topics include the history of clinical psychology, psychological treatment, and clinical assessment, amongst others. New clinical psychologists.

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