



# Lupus Q&A Revised and Updated, 3rd edition: Everything You Need to Know

*Robert G. Lahita, Robert H. Phillips*

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**Lupus Q&A Revised and Updated, 3rd edition: Everything You Need to Know** Robert G. Lahita, Robert H. Phillips

**A revised and updated edition of the bestselling resource for lupus patients, their families, and medical professionals**

A perennial bestseller, *Lupus Q&A* is the go-to guide for sufferers of a chronic autoimmune disease that affects more than 1.4 million people in the United States alone. Characterized by achy joints and skin rashes, lupus often mimics other diseases, making it tricky to diagnose and treat. In this completely revised and updated edition, Dr. Robert Lahita and Dr. Robert Phillips—leading experts on lupus—discuss topics in a clear, concise, and easy-to-follow Q&A format.

Lahita and Phillips review the newest drugs and explore beneficial complementary and alternative treatments, including new data on hormone use. Demystifying everything from diagnosis to the disease's psychological impact, *Lupus Q&A* prepares readers to face the challenges ahead—and to restore their health and their lives.

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