



Adult Coloring Journal: Co-Dependents Anonymous (Animal Illustrations, Color Burst)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Kathy Wilson:

The book Adult Coloring Journal: Co-Dependents Anonymous (Animal Illustrations, Color Burst) has a lot associated with on it. So when you read this book you can get a lot of gain. The book was authored by the very famous author. Mcdougal makes some research just before write this book. This book very easy to read you can find the point easily after reading this article book.

Stanley Kamp:

Can you one of the book lovers? If yes, do you ever feeling doubt while you are in the book store? Try and pick one book that you never know the inside because don't ascertain book by its protect may doesn't work at this point is difficult job because you are frightened that the inside maybe not because fantastic as in the outside appear likes. Maybe you answer can be Adult Coloring Journal: Co-Dependents Anonymous (Animal Illustrations, Color Burst) why because the wonderful cover that make you consider in regards to the content will not disappoint anyone. The inside or content will be fantastic as the outside or cover. Your reading 6th sense will directly direct you to pick up this book.

Marlyn Melia:

The book untitled Adult Coloring Journal: Co-Dependents Anonymous (Animal Illustrations, Color Burst) contain a lot of information on the item. The writer explains the woman idea with easy approach. The language is very simple to implement all the people, so do not worry, you can easy to read this. The book was published by famous author. The author will take you in the new time of literary works. You can easily read this book because you can continue reading your smart phone, or model, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open their official web-site in addition to order it. Have a nice go through.

Scott Rochelle:

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