



# Hinduism for Today: A Seminar in the Philosophy of Hindu Thought and Spirituality

*Ramesh N. Patel*

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What is Hinduism? Who is a Hindu? What form should Hinduism take in this day and age? This book proposes serious answers to these important challenging questions and presents them in an engaging way. Four men and four women, committed Hindus from different walks of life, gather under the format of a seminar to discuss these questions. They engage in the hard thinking necessary to develop a four-point definition of Hinduism. They construct foundations of a moderate viable Hinduism using the definition. They show how different structures can be built on the foundations allowing expression of individual creativity and freedom. The book is the dialog of the eight diverse Hindus who show human emotions and passion along with acute reasoning, evolving a fascinating discourse. They traverse far and wide over the panorama of world religions as well as Eastern and Western philosophy. The result is a comprehensive philosophy of life that can inspire and empower not only Hindus but also all humans deeply interested in universal humanistic spirituality with competitive intellectual underpinning relevant for today.

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