



# **Fifteen Steps Out of Darkness: The Way of the Cross for People on the Journey of Mental Illness**

*Scott Rose, Fred Wenner, Al Rose*

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A book to inspire, encourage, and reassure, *Fifteen Steps out of Darkness* offers personal stories and profound meditations on the Stations of the Cross for the more than 350 million people suffering from depression and other mental illnesses, and for those who love and care for them. The stories are accompanied by 18 full-color illustrations of great sculptures by artist Homer Yost that portray Jesus's journey to the cross and his resurrection from the dead.

The authors and artist constitute a dynamic team of experts who, together, cover all angles of living with mental illness: as caretakers, as parents and family members, and as persons battling mood disorders themselves. The unique blend of their experience provides a rare gift to the reader.

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#### **Jacqueline Ramos:**

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