



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Floral Illustrations, Turquoise Marble)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Ryan Donahue:

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Spent a free time to be fun activity to do! A lot of people spent their sparetime with their family, or their particular friends. Usually they performing activity like watching television, gonna beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you need to something different to fill your own free time/ holiday? Might be reading a book might be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try look for book, may be the book untitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Floral Illustrations, Turquoise Marble) can be very good book to read. May be it may be best activity to you.

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