

100 Hugs: A Little Book of Comfort

Sandy Gingras

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From successful author and watercolor artist Sandy Gingras comes one hundred metaphorical hugs in the form of watercolor paintings and inspirational words. This giftable little book is perfect for anyone seeking or offering comfort and solace.

There are times in life when all you need to find solace is a small gesture of consolation. *100 Hugs*, a collection of everyday comforts, offers such solace. Each hug is a reminder to slow down and take comfort in the little things, from indulging in warm cookies and milk to watching fireflies on a summer evening. Sandy Gingras's "hugs" are the beacons of light that shine through the fog of everyday life.

Sandy Gingras's uplifting words illustrated with her original watercolor art create pretty little "hugs." These hugs are perfect to give as a gift or to keep for your own personal growth. They are nourishment for the body, mind, and soul, reminding you to take a step back and become that flourishing version of you again.



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Joyce Jacobs:

Why don't make it to become your habit? Right now, try to ready your time to do the important take action, like looking for your favorite publication and reading a book. Beside you can solve your condition; you can add your knowledge by the publication entitled 100 Hugs: A Little Book of Comfort. Try to make the book 100 Hugs: A Little Book of Comfort as your friend. It means that it can to be your friend when you sense alone and beside that of course make you smarter than previously. Yeah, it is very fortuned for you. The book makes you a lot more confidence because you can know every little thing by the book. So , we should make new experience along with knowledge with this book.

Jennifer Meeks:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, about to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could be reading a book may be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the reserve untitled 100 Hugs: A Little Book of Comfort can be fine book to read. May be it might be best activity to you.

Franklin Crossland:

Exactly why? Because this 100 Hugs: A Little Book of Comfort is an unordinary book that the inside of the guide waiting for you to snap that but latter it will distress you with the secret it inside. Reading this book alongside it was fantastic author who all write the book in such amazing way makes the content inside of easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of rewards than the other book include such as help improving your expertise and your critical thinking approach. So , still want to hesitate having that book? If I ended up you I will go to the book store hurriedly.

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