



# The Fresh Start Single Parenting Workbook (The Fresh Start Series)

*Thomas Whiteman*

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## **The Fresh Start Single Parenting Workbook (The Fresh Start Series)** Thomas Whiteman

A personal, eight-step, easy-to-follow plan for working through the harmful effects of losing a partner, picking up the pieces, and creating a healthy new life-style for you and your children. Picking up where the Fresh Start Divorce Recovery Workbook leaves off, this guide includes a special section for fathers on understanding a father's importance.

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