



# Blessed be Our Table: Graces for Mealtimes and Reflections on Food

*Neil Paynter*

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## **Blessed be Our Table: Graces for Mealtimes and Reflections on Food** Neil Paynter

This book of graces and reflections integrates thankfulness with a burning passion for justice, both of which are central to our relationship with a bountiful provider God, with the whole creation, with each other and with our brothers and sisters throughout the world who, because of greed and injustice, will not receive their daily bread. This work invites us to pray and recommit ourselves to act for justice each time we join in the simple sharing of a meal. It is also very much a celebration - of food, of diversity, of community and sharing, of creator and creation. The graces in this book are from a wide range of contributors - from Iona Community members, associates and friends, from other religious communities and houses of welcome, from humanitarian organisations, from different faiths and traditions.

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