

## The Happiness of Burnout: The Case of Jeppe Hein

Finn Janning



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In December 2009, the Danish artist Jeppe Hein was diagnosed with what author Finn Janning diagnoses as "burnout." Three years after, Hein said: "Burnout is the worst thing that ever happened to me, but it's also been one of the most beautiful things." Janning discusses Hein's case.

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