



# Marriage Coaching: Heart, Hope and Skills for a Great Relationship

*Jeff and Jill Williams*

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## **Marriage Coaching: Heart, Hope and Skills for a Great Relationship** Jeff and Jill Williams

Marriage Coaching is an essential book for any couple motivated to heal, strengthen or protect their own marriage and interested in helping other couples. It is written by a Master Coach and Master Coach Trainer with a background in Professional Clinical Counseling and his wife of 26 years who has helped to develop Marriage Coaching for their own relationship and to help couples globally. It is filled with stories from their own marriage and work with other couples. Part I presents the uniqueness of Marriage Coaching and illustrates how a couple can learn to coach their own marriage. Part II details the core skills of the process that includes loving listening, curious asking and effective goal-setting. A step by step process is laid out for couples to set goals for their relationship that they are motivated to achieve. The book concludes with an exhortation for couples to help other couples as a way to enrich the purpose of their marriage even while they enjoy abundant hope, pleasure and purpose in their own marriage. A bonus chapter provides practical help to couples in crisis. Marriage Coaching is a great introduction to a proven method couples can use to build a great marriage and to help other couples.

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