



Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Springtime Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Betty Benner:

As people who live in often the modest era should be upgrade about what going on or info even knowledge to make them keep up with the era which is always change and progress. Some of you maybe will update themselves by examining books. It is a good choice in your case but the problems coming to an individual is you don't know which one you should start with. This Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Springtime Floral) is our recommendation to cause you to keep up with the world. Why, because book serves what you want and wish in this era.

Derek Wire:

The book untitled Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Springtime Floral) contain a lot of information on it. The writer explains your girlfriend idea with easy way. The language is very easy to understand all the people, so do certainly not worry, you can easy to read the idea. The book was written by famous author. The author will take you in the new period of literary works. It is easy to read this book because you can read on your smart phone, or model, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can available their official web-site and order it. Have a nice read.

Ella McCoy:

Is it anyone who having spare time subsequently spend it whole day simply by watching television programs or just lying on the bed? Do you need something new? This Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Springtime Floral) can be the answer, oh how comes? A book you know. You are thus out of date, spending your spare time by reading in this brand-new era is common not a nerd activity. So what these publications have than the others?

James Hudson:

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