



The Many Faces of Health, Competence and Well-Being in Old Age: Integrating Epidemiological, Psychological and Social Perspectives

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The main aim of the book is to provide an interdisciplinary treatment of a set of key issues of current ageing research, i.e., health, competence, and well-being. These key issues are addressed based on three converging research streams: social-ecological research, which assumes that major processes and outcomes of ageing such as day-to-day competence are shaped by social and physical-spatial environments; geropsychology research, which is driven by a life-span developmental conception of ageing; and epidemiology, which offers most fundamental disease, function and prevention-related data. Each of the three major research directions are outlined by a short introduction, followed by three chapters treating in an empirical manner most recent key research questions. All chapters are then also discussed by renowned ageing experts.

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