



# The Awkward Years: My struggle for self-acceptance

*Sara Marie Chase*

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**The Awkward Years: My struggle for self-acceptance** Sara Marie Chase

A collection of poems reflecting the struggles the author faced in order to find who she truly was in this world. This contains relatable poems to anyone struggle with mental illness and needs to know that recovery is possible, that someday you will be happy. WARNING: could contain some triggers, mentions of self-harm

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