



## Almonds: Recipes, History, Culture

*BF Publications, Barbara Bryant, Betsy Fentress, Lynda Balslev*

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Scrumptious recipes for appetizers, entrees, and desserts

From the anatomy of a nut to the history of the almond in world culture, the cultivation of almond orchards in California, and nutrition provided by a favorite nut, Bryant and Fentress provide a wealth of information about the versatile, high-protein, diet-friendly almond.

Try Soba Noodles with Spicy Almond Butter Sauce; Almond-Crusted Pork Chops with Sweet-and-Sour Apricot Glaze; Lamb Tagine with Apricots, Almonds and Honey; Almond Florentine Cookies; Chocolate-Amaretto Torte; Moroccan Rice Pudding; and classic Chocolate-Almond Bark.

Barbara Bryant is president of Watermark Foundation. She is the coauthor of *The Bryant Family Vineyard Cookbook* (Andrews McMeel, 2009). Barbara is also the founder and president of Watermark, Ltd., the publishing producer of *The Bryant Family Vineyard Cookbook*.

Betsy Fentress is a professional writer and editor and avid baker. She is the coauthor of *The Bryant Family Vineyard Cookbook*. Betsy is the vice-president of Watermark, Ltd. and lives in St. Louis.

Lynda Balslev is an award-winning food writer, editor and recipe developer based in the San Francisco Bay area. She writes about food and travel, contributes to NPR's *Kitchen Window*, *Relish* magazine, *Marin* magazine and authors the blog TasteFood, a compilation of more than 500 original recipes, photos and stories.

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**Carmen Jensen:**

The feeling that you get from Almonds: Recipes, History, Culture will be the more deep you excavating the information that hide inside words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to understand but Almonds: Recipes, History, Culture giving you joy feeling of reading. The article author conveys their point in certain way that can be understood through anyone who read it because the author of this book is well-known enough. That book also makes your own vocabulary increase well. Making it easy to understand then can go along, both in printed or e-book style are available. We propose you for having this Almonds: Recipes, History, Culture instantly.

**James Murray:**

A lot of people always spent all their free time to vacation or maybe go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you wish to try to find a new activity here is look different you can read a book. It is really fun to suit your needs. If you enjoy the book that you read you can spent the whole day to reading a e-book. The book Almonds: Recipes, History, Culture it doesn't matter what good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to develop this book you can buy the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too expensive but this book offers high quality.

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