



# Lung Disorders Sourcebook

*Dawn D. Matthews*

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## **Lung Disorders Sourcebook** Dawn D. Matthews

Our lungs are responsible for the essential natural function that gets oxygen into the bloodstream so that it can be delivered to the cells of our body. Breathing for most of us is something we do without being aware of it. Sometimes the normal lung defenses and barriers in the lungs do not work as well as they should. Medical problems at birth or during infancy and growth can affect lung development. Later in life the lungs may be damaged by smoking, occupational exposures, or accidents. These abnormalities allow air pollutants to break through the lung's defenses, resulting in respiratory problems or diseases.

This Sourcebook offers information about the various types of lung disorders and covers diagnosis, treatment, and prevention issues. It provides information about risks in the home and in the workplace and offers advice for preventing lung disorders that are acquired by asbestos, radon, and other environmental exposures. Medical tests used to diagnose lung disorders are explained, and information is provided on the proper use of nebulizers, inhalers, and medicines used to treat lung disorders. A glossary and a listing of resources for further help and information are also included.

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