



# Better Than I Know Myself: A Novel

*Virginia DeBerry, Donna Grant*

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## **Better Than I Know Myself: A Novel** Virginia DeBerry, Donna Grant

The beloved #1 *Essence* bestselling authors of *Tryin' to Sleep in the Bed You Made* now deliver a novel in which you'll meet their most unforgettable characters yet. Carmen, Jewel, and Regina could not be more different. When they meet as freshmen at Columbia University, they're pretty confident that a friendship among them isn't in the cards.

Jewel is Hollywood royalty: as the teenage star of the TV show "Daddy's Girl," her face is instantly recognizable all across America. Now, though, she wants two things—to get a serious education, and to leave her controlling stage mother behind. Regina is the definitive upper-middle-class African-American girl. Her picture-perfect parents are what she calls "black Ward and June Cleavers" and their goals for her are like a stranglehold. No one can see, though, how far Regina's rebellious side will take her (or how treacherous it will become). Carmen is just trying to get by. A child of the projects whose father is dead and whose mother has vanished, Carmen has been raised by her abusive brother. Columbia is the way for her to get a better life—if she can hold down two jobs and keep her GPA up.

When the three of them meet, their lives are at a crossroad. And as the years progress, from the 1980s to the present day, they are challenged by drug addiction, fame, secrets from the past, sickness, betrayal, and the darkest things women can face. One of them won't survive. But what will be the lasting legacy of their friendship? *Better Than I Know Myself* is a novel of heartache, triumph, tears, and the unshakeable bonds among women.

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