



# **Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Turquoise Stripes)**

*Courtney Wegner*

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*Courtney Wegner*

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Reading can called brain hangout, why? Because when you are reading a book specifically book entitled Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Turquoise Stripes) your head will drift away trough every dimension, wandering in every aspect that maybe mysterious for but surely will become your mind friends. Imaging each word written in a publication then become one application form conclusion and explanation which maybe you never get before. The Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Turquoise Stripes) giving you another experience more than blown away your thoughts but also giving you useful information for your better life on this era. So now let us show you the relaxing pattern is your body and mind are going to be pleased when you are finished reading through it, like winning a sport. Do you want to try this extraordinary shelling out spare time activity?

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